

SHELLEY ANN RIGGS, Ph.D.

Department of Psychology
University of North Texas
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EDUCATION

Doctor of Philosophy August 2000 With Highest Honors	Counseling Psychology – APA Accredited Department of Educational Psychology University of Texas at Austin Pre-doctoral Clinical Internship – APA Accredited, University of California at Davis
Master of Arts May 1996 With Highest Honors	Counseling Psychology Department of Educational Psychology University of Texas at Austin
Bachelor of Arts May 1983 With High Honors	Psychology and Latin College of Liberal Arts University of Texas at Austin

LICENSURE AND CERTIFICATION

Licensed Psychologist in the state of Texas, License # 31892
Texas Secondary Teacher Certification

PROFESSIONAL EXPERIENCE

2007-present Associate Professor, University of North Texas, Department of Psychology. Graduate courses: Practicum Supervision, 3-course sequence in Marital and Family Therapy.

2002-2007 Assistant Professor, University of North Texas, Department of Psychology. Graduate courses: Practicum Supervision, 3-course sequence in Marital and Family Therapy, Advanced Psychopathology.

2000-2002 Assistant Professor, Texas Woman's University, Department of Psychology and Philosophy. Graduate courses: Practicum Supervision, Marital and Family Therapy, Advanced Psychopathology, Advanced Developmental Psychology; Undergraduate course: Abnormal Psychology.

- 1999-2000** **Psychology Intern**, University of California –Davis Counseling Center. Responsibilities: Assessment and psychotherapy services to students, supervision of practicum trainees.
- 1998** **Research Associate III**, *Partners and Parents Project*, National Science Foundation Grant SRB-912990125. D. Jacobvitz & N. Hazen (Co-PIs), University of Texas at Austin, Department of Human Development and Family Sciences. Responsibilities: AAI interviewing and coding, data management, supervision of undergraduate RAs.
- 1996-1997** **Instructor of Psychology**, Austin Community College. Course: Introduction to Psychology
- 1995-1998** **Diagnostician**, Anne Cameron, Ph.D. & Associates, Austin, TX. Responsibilities: Psychological assessment of children and adults.
- 1994-1995** **Research Intern**, Texas Education Agency, Division of Gifted/Talented Education, Austin, TX.
- 1994-1995** **Teaching Assistant**, University of Texas at Austin. Graduate course: Psychological Assessment.
- 1990-1993** **Coordinator of Freshman Admissions & Recruitment**, The University of Texas at Austin, College of Business Administration. Responsibilities: Academic and career counseling, coordination of admissions and recruitment activities, Scholarship Committee Chair, Honors Advisor.
- 1989-1990** **Counseling Specialist/Teacher**, Middle Earth Unlimited, The Turning Point, Austin, TX
- 1983-1987** **Secondary Teacher** of Latin and Psychology, Austin Independent School District, Sidney Lanier High School.

HONORS

- 2003, 2005 University of North Texas Summer Research Fellowship (\$5000/year)
- 2002 Texas Woman's University Chancellor's Research Fellow – prestigious award given to promising new researcher to provide training, mentoring and resources for grant seeking
- 1997 Phi Kappa Phi Honor Society
- 1995 University of Texas Continuing Graduate Student Fellowship – highest university-wide award to continuing graduate students (\$11,000)
- 1995 Kappa Delta Pi International Honor Society in Education.
- 1994, 1995, 1998 Alexander Caswell Ellis Fellowship, The University of Texas at Austin – highest award from College of Education (\$3,000/year)

- 1994 Bascombe Royall and Frances Fallon Fuller Fellowship, The University of Texas at Austin – awarded each year to two Educational Psychology graduate students (\$1500)
- 1994 Bernice Milburn Moore Scholarship – Ex-Student’s Association, The University of Texas at Austin (\$500)
- 1993 University of Texas Entering Graduate Student Fellowship – highest university-wide award to entering graduate students (\$9,000)
- 1992 James W. Vick Texas Excellence Award for Academic Advising

SCHOLARLY ACTIVITY

Areas of Expertise: Attachment and mental health/illness, marriage & family, lifespan development, trauma/loss, clinical supervision

Grants

Funding

- 2007 Timberlawn Psychiatric Foundation (\$46,000 over 2 years)
- 2007 University of North Texas Research Initiation Grant (\$4,900)
- 2005 University of North Texas Summer Research Fellowship (\$5,000)
- 2004 University of North Texas Research Initiation Grant (\$3,150)
- 2003 University of North Texas Research Initiation Grant (\$3,500)
- 2003 University of North Texas Summer Research Fellowship (\$5,000)
- 2002 University of North Texas Research Initiation Grant (\$1,000)
- 2002 Texas Woman’s University Research Fellowship (\$6,000, declined)
- 2001 Ross Institute (\$8,250)
- 2001 Texas Woman’s University College of Arts & Sciences Grant (\$12,000)
- 2001 Texas Woman’s University Department of Psychology and Philosophy (\$850)
- 2001 Texas Woman’s University Travel Grant (\$1,500)
- 1999 University of Texas Graduate Research Award (\$500)
- 1998 University of Texas Graduate Travel Award (\$500)

Consulting

- 2004-2005 Department of Health and Human Services: Children’s Bureau Administration on Children, Youth and Families, *Fathers and Children Together: An Evaluation of the Resources, Services, and Outcomes of a Prison-based Parenting Program*, \$600,000/3 years. M. Secret & S. Fairchild, (Co-PIs), University of Kentucky. Responsibilities: AAI coding, consultation re: theoretical and empirical application of AAI.
- 2002-present Texas Christian University, *The Adoption Project: Project Hope*, ongoing private and university grant funding. D. Cross & K. Purvis (Co-PIs), Texas Christian University Developmental Research Lab. Responsibilities: AAI coding, workshop on theoretical and empirical application of the AAI.
- 2002-2003 National Institute of Mental Health, *Relational Group Intervention for Postpartum Depression*, \$2,760,248/5 years. R. Clark, (PI), M. Klein, G.

Kolden, J. Marshall, D. DeMets, R. Serlin (Co-Investigators), University of Wisconsin at Madison, Wisconsin Psychiatric Institute and Clinics.
Responsibilities: AAI coding, theoretical consultation.

Publications (* = student author)

Journal Articles

- *Adams, S.D., & Riggs, S.A. (in press). Vicarious trauma among therapist trainees: Defense style as moderator of personal trauma history and training experiences. *Training and Education in Professional Psychology*.
- *Hobdy, J., Hayslip, B., Kaminski, P.L., *Crowley, B.J., Riggs, S.A., & *York, C. (in press). The role of adult attachment style in coping with life events. *International Journal of Aging and Human Development*.
- *Wood, E., & Riggs, S.A. (in press). Adult attachment, cognitive distortions, and victim empathy among sex offenders. *Journal of Interpersonal Violence*.
- Riggs, S.A., *Sahl, G., *Greenwald, E., *Atkison, H., *Paulson, A., & Ross, C.A. (2007). Family environment and adult attachment as predictors of psychopathology and personality dysfunction among inpatient abuse survivors. *Violence and Victims*, 22, 575-598.
- Riggs, S.A., *Paulson, A., *Tunnel, E., *Sahl, G., *Atkison, H., & Ross, C.A. (2007). Attachment, personality & psychopathology among adult inpatients: Self-reported romantic attachment style vs. AAI states of mind. *Development and Psychopathology*, 19, 263-291.
- Riggs, S.A., Vosvick, M., & *Stallings, S. (2007). Attachment Style, Stigma, and Psychological Distress among HIV+ Adults. *Journal of Health Psychology*, 12, 940-954.
- Riggs, S.A., & *Bretz, K.M. (2006). Attachment processes and the supervisory relationship: An exploratory investigation. *Professional Psychology: Research and Practice*, 37, 558-566.
- *Weschler, L., Riggs, S.A., Stabb, S.D., & Marshall, D.M. (2006). Mutuality, self-silencing, and disordered eating in college women. *Journal of College Student Psychotherapy*, 21, 51-76.
- Riggs, S.A. (2005). Is the approximation rule in the best interests of the child? The perspective of attachment theory. *Family Court Review*, 43, 482-494.
- Riggs, S.A. (2003). Response to *Troxel v. Granville*: Implications of attachment theory for judicial decisions regarding third-party custody and visitation. *Family Court Review*, 41, 39-53.

Ramos, L., Esnil, E., Goodwin, A., Riggs, S.A, Touster, L., & Wright, L., Ratanisiripong, P., & Rodolfa, E. (2002). Negative supervisory events: Effects on supervision satisfaction and the supervisory alliance. *Professional Psychology: Research and Practice*, 33, 197-202.

Riggs, S.A. (2002). A crash course in attachment theory for family law professionals. *Family Law Psychology Briefs*, 3(2). J.M Craig Press at <http://www.jmcraig.com>.

Riggs, S.A., & Jacobvitz, D. (2002). Expectant parents' representations of early attachment relationships: Associations with mental health and family history. *Journal of Consulting and Clinical Psychology*, 70, 195-204.

Riggs, S.A., Jacobvitz, D., & Hazen, N. (2002). Adult attachment and history of psychotherapy in a normative sample. *Psychotherapy: Theory, Research, Practice, Training*, 39, 283-296.

Guerrero, J.K., & Riggs, S.A. (1996). The preparation and performance of freshmen in university honors programs: A faculty perspective. *Journal of Secondary Gifted Education*, 8, 41-48.

Guerrero, J.K., & Riggs, S.A. (1995). University freshmen in honors programs: Faculty perceptions of their preparation and needs. *Research Briefs*, 10, 73-80. Washington, D.C.: National Association for Gifted Children.

Book Chapter

Jacobvitz, D., Riggs, S.A., & Johnson, E. (1999). Cross-sex and same-sex family alliances: Immediate and long-term effects on sons and daughters. In N. Chase (Ed.) *Parentified children: Theory, research, and treatment* (pp. 34-55). Atlanta, GA: Sage Publications.

Manuscripts under review or in preparation

Riggs, S.A., & *Han, G. (under review). Anxiety and depression in emerging adulthood: Adult attachment, trauma and cognitive-affective predictors. Manuscript submitted for publication.

Rich, S., Foster, K., & Riggs, S.A. (under review). Same But Different, Feminist Identity Among Diverse Racial Groups: A Confirmatory Analysis of the Feminist Identity Composite. Manuscript submitted for publication.

*Haseley, J.L., & Riggs, S.A. (in preparation). *The role of adult attachment and religiosity in relationship satisfaction among recently married couples*. Manuscript in preparation to submit for publication.

Riggs, S.A., *Dodd, Z., & Clark, M. (in preparation). *Parent-child bonds and perceived parental attachment style: Associations with romantic attachment relationships*. Manuscript in preparation to submit for publication.

Riggs, S.A., *Sahl, G., *Atkison, H., *Paulson, A., *Tunnel, E., & Ross, C.A. (in preparation). *Dissociation in relation to adult attachment and family history of mental disorder*. Manuscript in preparation to submit for publication.

Presentations

International and National

*Adams, S.D., & Riggs, S.A. (2007, August). *Vicarious traumatization: Individual differences among therapist trainees*. Presented at the American Psychological Association annual convention, San Francisco, CA.

*Han, G., Kaminski, P., Riggs, S.A., Neuman, C. (2007, August). *Adult Attachment: Mediator of Traumatic Experience and Emotional Distress*. Presented at the American Psychological Association annual convention, San Francisco, CA.

*Haseley, J., Riggs, S.A., & *Pollard, S. (2007, August). *Adult attachment and religious commitment as predictors of marital satisfaction*. Presented at the American Psychological Association annual convention, San Francisco, CA.

Riggs, S.A., & *Bretz, K.M. (2006, August). *Attachment processes in the supervisory alliance*. Presented at the American Psychological Association annual convention, New Orleans, LA.

Riggs, S.A., *Atkison, H., *Tunnell, E., *Sahl, G.M, *Paulson, A , & Ross, C.A. (2006, August). *Predictors of Outcomes Among Inpatient Abuse Survivors: Family and Attachment Processes*. Presented at the American Psychological Association annual convention, New Orleans, LA.

*Schapeler, R.J., Campbell, V.L, *Wilson, J.L., & Riggs, S.A. (2006, March). *Family Influences on Adolescent Career Development*. Presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, CA.

Ross, C.A., Riggs, S.A., *Paulson, A., *Tunnell, E., *Clough, G., & *Atkinson, H. (2005, November). *Adult Attachment Interview profiles of 75 trauma program patients*. Presented at the International Society for the Study of Dissociation conference, Toronto, Canada.

*Han, G., & Riggs, S.A. (2005, August). *Etiology of anxiety and depression: Mediators of attachment and trauma*. Presented at the American Psychological Association annual convention, Washington, D.C.

Riggs, S.A., Vosvick, M., & *Stallings, S. (2005, August). *Psychosocial predictors of depression and stress among HIV+ adults*. Presented at the American Psychological Association annual convention, Washington, D.C.

- Vosvick, M., Riggs, S.A., & *Stallings S. (2005, August). *Romantic Attachment Anxiety, Stigma and Psychological QOL in HIV+ Adults*. Presented at the American Psychological Association annual convention, Washington, D.C.
- Rich, S.S., Riggs, S.A., & Foster, K. (2005, May). *Confirmatory Factor Analysis of Feminist Identity Composite in Hispanic and African American Females*. Presented at the American Psychological Society annual convention, Los Angeles, CA.
- Amato, P. & Riggs, S.A. (2004, May). *Attachment relationships and child outcomes in the aftermath of divorce: Theory and research*. Presented at the annual conference of the Association of Family and Conciliation Courts, San Antonio, TX.
- Riggs, S.A., *Clough, G., *Helmer, H., *Paulson, A., *Tunnel, E., & Ross, C.A. (2003, August). *Adult attachment, dissociation, and personality style among trauma survivors*. Presented at the American Psychological Association annual convention, Toronto, Ontario, Canada.
- Riggs, S.A. (2003, May). The approximation rule from the perspective of attachment theory. In M.C. Gottlieb (Chair), *The approximation rule, attachment theory and the voice of the child*. Presented at the 40th anniversary conference of the Association of Family and Conciliation Courts, Ottawa, Ontario, Canada.
- Riggs, S.A. (2002, August). *Attachment patterns, personality development, and mental health*. In S.A. Riggs & M. C. Pistole (Co-chairs), *Attachment theory: Clinical research, theory, and practice*. Symposium presented at the annual convention of American Psychological Association, Chicago, IL.
- Riggs, S.A., & Jacobvitz, D. (2001, August). *Women's constructions of attachment relationships: Security, Earned Security, and psychotherapy*. Presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Riggs, S.A. (2001, August). Choosing to work in a feminist program. In R. Nutt (Chair), *Integrating feminism in a Counseling Psychology Doctoral program*. Presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Wright, L. K., Esnil, E., Goodwin, A., Osachy Touster, L., Ramos-Sanchez, L., Riggs, S.A., Ratanisiripong, P., & Rodolfa, E. (2001, August). *Negative Supervisory Events: Effects on Supervision Satisfaction and Alliance*. Presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Riggs, S. A. & Jacobvitz, D. (1999, August). *Adult attachment: Relation to history of therapy and mental health*. Presented at the annual convention of the American Psychological Association, Boston, MA.
- Jacobvitz, D., & Riggs, S.A. (1999, April). *Therapy and mental health of mothers: Associations with unresolved loss or trauma and frightened/frightening caregiving*.

Presented at the biennial meeting of the Society for Research in Child Development, Albuquerque, NM.

Jacobvitz, D., Hazen, N., & Riggs, S. A. (1997, April). *Disorganized mental processes in mothers, frightening/frightened caregiving and disoriented, disorganized behavior in infancy*. Presented at the biennial meeting of the Society for Research in Child Development, Washington, D.C.

Guerrero, J.K., & Riggs, S.A. (1995, November). *Incoming freshmen in university honors programs: Faculty perceptions of their preparation and needs*. Presented at the National Conference, National Association for Gifted Children, Tampa, FL.

Regional, State, Local

Riggs, S.A., *Pollard, S., & *Devine, M. (2007, November). *Attachment processes, self-worth, and mental health*. Poster to be presented at the Texas Psychological Association annual convention, San Antonio, TX.

Riggs, S.A., & *Roddy, S.K. (2006, November). *Effect of early childhood experiences on adult romantic conflict*. Presented at the Texas Psychological Association annual convention, Dallas, TX.

*Wood, E., & Riggs, S.A. (2006, November). *Adult attachment, cognitive distortions and empathy among child molesters*. Presented at the Texas Psychological Association annual convention, Dallas, TX.

Riggs, S.A., & Rich, S. (2005, November). *A multidimensional model of dysfunctional eating: Individual and sociocultural contributions*. Presented at the Texas Psychological Association annual convention, Houston, TX.

Riggs, S.A., & *Devine, M. (2005, November). *Attachment processes, self-worth, and adult relationship satisfaction*. Presented at the Texas Psychological Association annual convention, Houston, TX.

Riggs, S.A. (2005, April). *Adult attachment and mental health*. Invited address to the Clinical Psychology program at the University of Texas Southwestern Medical Center.

Kaminski, P.L., *Klinger, K., Riggs, S.A., & *Hoffman, L. (2004, November). *Maternal Body Dissatisfaction and its Relationship to Parenting Behavior*. Presented at the annual convention of the Texas Psychological Association, San Antonio, TX.

Riggs, S.A., & Rich, S. (2003, November). *Attachment Relationships, Mutuality and Feminist Identity Development*. Presented at the Texas Psychological Association annual convention, Dallas, TX.

Riggs, S.A. (2002, November). Current developments in attachment theory: Implications for adult mental health and illness. In S.A. Riggs (Chair), *Implications of adult*

attachment research for family law. Presented at the Texas Psychological Association annual convention, San Antonio, TX.

Riggs, S.A. (2002, March). *Clinical applications of attachment theory: Assessment and intervention.* Invited address at the Texas Woman's University Counseling Center.

Riggs, S.A. & Greer, F. (2000, February). *Navigating the emotional stress of completing a Ph.D.* Workshop presented at the Professors for the Future Program, University of California-Davis Graduate Studies, Davis, CA.

Riggs, S.A. & Jacobvitz, D. (1998, November). *Who are "U"? History of therapy and mental health in "Unresolved" adults.* Presented at the annual meeting of the Texas Psychological Association, Houston, TX.

Riggs, S. A. & Jacobvitz, D. (1998, March). *Mental health factors related to the "Unresolved" classification in the Adult Attachment Interview.* Presented at the biennial meeting of the Southwest Society for Research on Human Development, Galveston, TX.

Supervision of Student Research

Ongoing Thesis/6610

Carlyn Aldrich
Angela Cusimano
Mike Devine
Zane Dodd
Jason Hindman
Michelle Hubbard
Sara Pollard
Kimberly Porter
Poul Poulsen
Kristen Searcy
Steve Stallings

Completed Thesis/6610

Shelah Adams (TWU)
Heather Atkison (TWU)
Karen Bretz
Gibaeg Han
Jamie Haseley
Jenny Main (TWU)
Stacy Roddy
Eric Wood

Ongoing Dissertation

Karen Bretz
Ellen Greenwald (TWU)
Stacy Roddy

Completed Dissertation

Judith "Betsy" Campbell (TWU)
Jamie Haseley
Dave Popple (TWU)
Jody Popple (TWU)
Lisa Weschler (TWU)
Eric Wood

PROFESSIONAL ACTIVITIES

Membership in Professional Organizations

American Psychological Association, Divisions of Counseling and Family Psychology
 Society for Research on Child Development
 Texas Psychological Association

Service Activities

National

8/07-present Division 43 Task Force on Graduate Family Psychology Programs –,
 Division of Family Psychology, American Psychological Association
 9/06-present Division 17 Convention Program Committee – Society of Counseling
 Psychology, American Psychological Association
 4/06-present Consulting Editor, *Training and Education in Professional Psychology*
 9/04-8/06 Division 17 2005 Convention Publicity Coordinator – Society of
 Counseling Psychology, American Psychological Association

University

1/03-9/07 Federation of North Texas Area Universities, UNT Representative,
 Psychology Committee, Secretary 2004-2006

Departmental

9/07-present Personnel Affairs Committee
 9/07-present Promotion and Tenure Committee
 9/06-9/07 Executive Committee
 4/06-present Ad-hoc Merit Committee
 1/06-present Scholarship/Award Committee, Chair 2006
 8/03-present Applied Training Unit, UNT Psychology Clinic
 8/02-9/07 Mentoring Committee
 8/00-present Counseling Psychology Committee

Other Activities and Training

Ad-hoc Reviewer for *Professional Psychology: Research and Practice, Journal of
 Counseling Psychology, Journal of Consulting and Clinical Psychology*
 Ottawa Couple and Family Institute, Emotion Focused Couples Therapy (EFT)
 Workshop, Fall 2003. Trainer: Susan Johnson, Ed.D.
 University of Minnesota Institute of Child Development, 2001 & 2002 Strange Situation
 Training Workshops, Trainers: L. Alan Sroufe, Ph.D. and Elizabeth Carlson, Ph.D.
 Austin Training Institute for the Adult Attachment Interview, Summer 1997. Trainer:
 Deborah Jacobvitz, Ph.D. Achieved 93% reliability for certification in 1999.